



".. the one who lives by the truth comes out into the light." John 3:21

Lent Week Four

Fourth Sunday

LIGHT: 8 Tealights + Christ Candle (any large candle)
PRAY: Forgiver of our souls, our hearts are hard; soften them. Our eyes are blind; open them, and continue to wash us with a newness of life. Amen



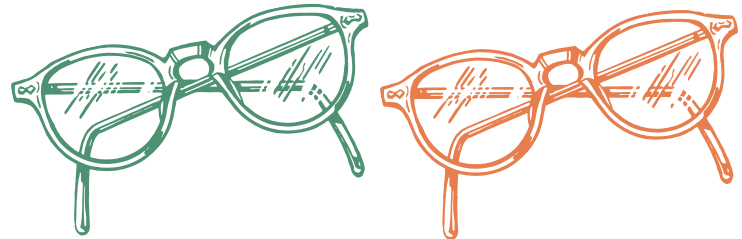
EXTINGUISH: 5 Tealights
READ: John 3:14-21
REFLECT: so that everyone who believes in him may not be lost but may have eternal life ...

BLESS: May God bless you and keep you! May the radiant face of God shine upon you as you learn to serve your neighbour with God's steadfast love. Amen

Activity

Do you ever look around the world and feel angry? Anger is an important emotion, and can often call our attention to injustice. Do you ever look around the world and feel blessed?

As a family, make two pairs of homemade goggles (or just decorate old sunglasses) and take turns putting them on to "see" both injustices and blessings alike.



Things to Remember



- It's okay to make mistakes
- It's okay to have bad days
- It's okay to start again
- It's okay to be awesome

Conversation Starters

- In the parable of the blind man, the parents told the Jews that they did not know who opened their son's eyes and said "He can speak for himself". When have you been invited to share openly about something?
- When have you had to be brave or courageous? What happened? What did you do?
- What is the 'blindness' that you may have today? What could you do this Lenten season to open your eyes?

